

You don't need to use a stamp but doing so helps save our funds

FREEPOST RRZK-SHUX-SBCK  
NHS Blood and Transplant  
Fox Den Road  
Stoke Gifford  
Bristol  
BS34 8RR



### Changes to the law

The law in Northern Ireland is changing to an opt-out system. 'Dáithis' Law' means in the event that organ donation is a possibility after you die, unless you choose to opt out, you will be considered as a potential organ donor. You can opt out at [www.organdonationni.info](http://www.organdonationni.info)

### Age and health...

...aren't barriers to organ donation. Everyone has the potential to be a donor, no matter what age you are or how your health is.

### Your medical care...

...will not be affected. Health professionals have a duty of care to try to save life first. If, despite all their efforts the patient dies, his or her wish to be an organ donor may then be fulfilled.

### All the major religions...

...support the principles of organ donation, and accept it's an individual choice. Consult your religious adviser or visit [organdonationni.info](http://organdonationni.info) if you need more information.

Tear here



**90%**  
of the Northern Ireland population are in support of organ donation.

Only

**51%**



of families agree to donation going ahead if they are unaware of their loved one's wishes.

Sadly, each year in Northern Ireland around

**10-15**

people die awaiting an organ transplant.



Only

**52%**



of the population in Northern Ireland have signed the NHS Organ Donor Register.

Your family will always be asked for their support for organ donation to go ahead, even if you're on the organ donor register. That's why having a wee chat with them and letting them know your decision is so important.

Published by the Public Health Agency. Tel: 0300 555 0114 (local rate)

**A WEE CHAT  
CAN SAVE  
UP TO 9 LIVES**

...like mine  
Orla Smyth  
Organ Recipient



Please register as an organ donor. Then make sure your family know your wishes.

[organdonationni.info](http://organdonationni.info)



## Donation gives the gift of life.

By donating your organs after you die, you could save the lives of up to nine people.

There is a shortage of organs for transplant. In Northern Ireland, many people are awaiting a transplant, and sadly, each year around 10-15 people die awaiting an organ transplant.

Organ donation helps more than just the recipient. Donor families often say they take comfort from knowing they have fulfilled the wishes of their loved one and that something positive has come from their loss.

## If you want to be an organ donor:

Let your family know your decision.

Sign the NHS Organ Donor Register.

You can sign the register using this form or by visiting [organdonationni.info](http://organdonationni.info)

## The NHS Organ Donor Register.

The register is a confidential database of anyone who chooses to sign up to be an organ donor. The register lists the organs and/or tissues you want to donate. It is also the database which medical professionals will consult to see if someone has opted to be a donor.

### Registering is easy:



Online – it takes just two minutes to register at [organdonationni.info](http://organdonationni.info)



Phone – call 0300 123 23 23



Post – fill in the attached form and return it by freepost

### Who can sign the register?

Anyone above the age of 14 can sign the register. Parents/guardians can register their children before the age of 14 if the child has expressed a wish to do so. It doesn't matter how old you are or how your health is. If the time comes, medical professionals will determine if your organs are healthy and suitable for donation.

## Share your decision and save lives.

You should make sure to tell your family about your decision. If you die in circumstances where organ donation is possible, those closest to you will be asked to give their consent. Knowing your decision can make this difficult time less stressful for your loved ones.

Only a small number of people die in circumstances where organ donation is possible, which means every donor is precious. If that person's family says no to donation, someone waiting for a transplant loses hope.

Signing the register and telling your family you have done so sends a clear message that you want to be a donor.



Tear here and moisten edge opposite

### Please register my details on the NHS Organ Donor Register

Please complete in CAPITAL LETTERS using a black ballpoint pen. \*Indicates that a field must be completed.

#### My name and address

Title \_\_\_\_\_ First name\* \_\_\_\_\_  
Last name\* \_\_\_\_\_  
Date of birth\* \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Address\* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Postcode\* \_\_\_\_\_  
Telephone \_\_\_\_\_  
Mobile \_\_\_\_\_  
Email \_\_\_\_\_

#### My wishes

**I want to donate:** (Please tick the boxes that apply)

- A. any of my organs and tissue  **or**  
B. **my** kidneys  heart  liver  small bowel   
eyes  lungs  pancreas  tissue

#### for transplantation after my death.

Signature \_\_\_\_\_  
Date \_\_\_\_\_

Please tick here if you would like to receive future information about blood, organ and tissue donation from NHS Blood and Transplant.

#### My ethnic origin

There's a better chance of getting a closer match and a successful transplant if the donor and recipient are from the same ethnic group. Please tick the ethnic group which best describes you.

- White:** British  Irish  Other   
**Mixed:** White/Black Caribbean  White/Asian   
White/Black African  Other   
**Asian or Asian British:** Chinese  Indian   
Pakistani  Bangladeshi  Other   
**Black or Black British:** Caribbean  African  Other   
**Other ethnic categories:** Chinese  Other   
**Not stated:**

Data Protection Assurance. Completion of this form is for the purpose of recording your wishes to become an organ donor. All information provided to NHS Blood and Transplant is used in accordance with the General Data Protection Regulation and all other relevant privacy and data protection laws. More information on how we look after your personal details can be found at [nhsbt.nhs.uk](http://nhsbt.nhs.uk) or by calling 0300 123 23 23.

If you wish to amend or withdraw your record from the NHS Organ Donor Register you can do so by calling the Organ Donor Line on 0300 123 23 23, visiting [organdonation.nhs.uk](http://organdonation.nhs.uk) or writing to us at the address overleaf.